Lodine-131 uptake in a patient with cholelithiasis on post-therapeutic scan

Kolelitiaziste postablatif tüm vücut tarama sintigrafisinde I-131 tutulumu

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ABSTRACT

A 71-year-old male patient was diagnosed with papillary carcinoma follicular variant after bilateral total thyroidectomy and radioactive iodine treatment was applied. The post-therapeutic whole-body scan demonstrated a focal 131-I uptake in the right lobe of the liver in the right upper quadrant of the abdomen. Single-photon emission computed tomography/computed tomography (SPECT/CT) was performed to determine the precise localization of 131-I uptake. It was understood that the identified focal 131-I activity was due to cholelithiasis. In the same period, free-floating gallstones in the lumen and the gallbladder neck were observed on the abdominal ultrasonography.

Keywords: Differentiated thyroid cancer, Iodine-131 scintigraphy, cholelithiasis, SPECT/CT.

A 71-year-old male patient was diagnosed with differentiated thyroid carcinoma follicular variant after bilateral total thyroidectomy, and the tumor size was 6 cm. The patient was given 3.7 GBq (100mCi) 131-I treatment. Meanwhile, serum thyroid-stimulating hormone (TSH) level was 70 IU/mL, thyroglobulin (Tg) level was 0.15 ng/mL, and anti-Tg was <15 IU/mL during ablation. Then post-therapeutic 131-I whole-body scan was performed. On the whole-body scan, in addition to activity uptake in the thyroid bed consistent with residual thyroid tissue, focal 131-I uptake was observed in the right upper quadrant of the abdomen in the area compatible with the right lobe of the liver. On the SPECT/CT images performed upon this finding, it was determined that the gallbladder was distended and focal 131-I uptake was in one of two localizations of gallstones. An abdominal ultrasound performed in the same period revealed normal liver size and parenchyma, a 12 mm diameter stone impacted in the gallbladder neck, and a 2.5 cm stone free-floating in the lumen. According to the patient's medical record, gallstones are known and followed for a long time (Figure-1).
Differentiated thyroid cancers include papillary and follicular thyroid cancers and are the most common thyroid malignancy. After total thyroidectomy, disease-free survival rates are high with 131-I ablation in selected cases. The sensitivity and specificity of imaging with 131-I are high in differentiated thyroid cancer. However, false-positive 131-I uptakes can be seen due to body secretions, inflammation, and non-thyroid neoplasms (1, 2). Additional imaging methods are needed when 131-I uptake is incompatible with Tg.

Due to the metabolism of radiolabeled Tg in the liver, diffuse radioactivity uptake is almost always seen in the liver. However, focal radioactivity uptake may be due to benign cystic lesions, malignant lesions, delayed hepatic excretion, and NIS expression in the gallbladder mucosa (3). Focal uptake may also be seen due to liver metastasis, but this is not very common and its frequency is 0.5% (4). In addition, liver metastases usually occur in end-stage disease. When focal uptake is observed, the possibility of metastases can be excluded with SPECT/CT imaging.

Iodine-131 uptake in cholelithiasis may be due to the induction of iodine organification by myeloperoxidase by leukocytes secondary to inflammation. Unexpected false-positive uptake in 131-I whole-body scintigraphy causes diagnostic difficulties due to the low-resolution imaging properties of 131-I. As in our case, if there is focal 131-I uptake in the liver and there is no elevation of Tg and anti-Tg to suggest metastasis, unnecessary tests and treatments can be avoided with SPECT/CT imaging.

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References