



## THE INTERLEUKIN – 6 – 174 C ALLEL IS ASSOCIATED WITH EARLY ACUTE REJECTION IN PEDIATRIC KIDNEY ALLOGRAFTS

### ÇOCUK BÖBREK ALLOGRAFTLARINDA ERKEN AKUT REJEKSİYON İLE İNTERLÖKİN – 6 – 174 C ALLELİ İLİŞKİLİDİR

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**Key Words :** Working adolescent, Psycho-Social Problems

#### SUMMARY

*Interleukin-6 (IL-6) is a pleiotropic cytokine with a central role in inflammation, host defense and tissue injury. Although it is considered as predominantly proinflammatory cytokine; recently, IL-6 has been recognized as having additional immunosuppressive properties. In this study, we investigated the impact of IL-6 -174 G/C promoter genotype on acute rejection in 14 patients out of 55 kidney recipients. In 14 acute rejection presenting patients, early acute rejection (within first 3 months) was found significantly frequent in -174 C allele carriers, compared to non-carriers (33.3% vs 10.3%  $p<0.05$ ). Our results imply a higher risk of early acute rejection in carriers of -174 C allele compared to non-carriers, and the relative risk of early acute rejection is 4.3 fold higher in IL-6 -174 C allele carriers.*

#### ÖZET

*İnterlökün-6 (IL-6) inflamasyon, konakçı savunması ve doku hasarında önemli rol oynayan çok işlevli bir sitokindir. Daha çok proinflatuar sitokin olarak kabul edilmekle birlikte, son zamanlarda IL-6'nın immunsupressif rolü de saptanmıştır. Bu çalışmada, IL-6 -174 G/C promoter genotipinin, 55 böbrek nakli hastasından 14'ünde görülen akut rejeksiyona etkisi incelenmiştir. Akut rejeksiyon gözlenen 14 hastada, erken (ilk 3 ay içinde) akut rejeksiyon görülmesinin -174 C allel taşıyanlarda, taşımayanlara oranla anlamlı şekilde daha fazla olduğu bulunmuştur (%33,3 ile %10,3  $p<0.05$ ). Bu çalışmanın sonuçları, -174 C allel taşıyanlarda erken akut rejeksiyon riskinin daha fazla olduğu ve taşımayanlara oranla 4,3 kat daha fazla rölatif risk altında olduğunu düşündürmektedir.*

#### INTRODUCTION

Advances in transplanation management including HLA monitoring, new immunosupression modalities and doses, have been occurred in recent years. However, rejection and early graft loss are still important clinical problems. Acute (18%) and chronic rejection (28%) are considered responsible for almost the half of graft losses (1,2).

Interleukin-6 is a pleiotropic cytokine with a central role in inflammation, host defense and tissue injury. IL-6, produced by many different cell types, is considered as predominantly proinflammatory cytokine, and has recently been recognized as having additional anti-inflammatory and immunosuppressive properties (3,4,5).

In transplantation, the relevance of the recipients IL-6 genotype for acute rejection is still controversial (6). No association was shown between acute rejection and recipient IL-6 polymorphism (7). However, the same authors showed an association between the donor IL-6 genotype and both severity and incidence of acute rejection (8). Müller-Steinhardt M et al. suggested C allele carriers had an inferior three year graft survival (9). We investigated the impact of kidney recipients' IL-6 -174 promoter genotype on acute rejection.

#### MATERIAL AND METHODS

##### Subjects

Fifty three of pediatric kidney recipients, on follow up in pediatric transplant clinics, were included in this study. Out

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of 53 patients, twenty-nine were females and twenty-four males, with mean transplantation age of 12.2±4.2 years, and were on follow up for 0.5 to 13 years (median:2 years). The primary diseases of the patients were given in Table 1. All patients received primary kidney transplantation; 30 were from cadaveric donors and 23 from living related donors (LRD). Immunosuppressive treatment included azathioprine, prednisolone and cyclosporine in patients transplanted from LRD until August 2001 (n:14) and basiliximab was added thereafter (n:9). Immunosuppressive treatment in patients with cadaveric allografts included azathioprine, prednisolone, antithymoglobuline (ATG) and cyclosporine was added (when creatinine decreased below 3mg/dl) until April 2002 (n:11), and thereafter changed with FK506 (n:19). Rejection episodes were defined by clinical diagnosis (elevated serum creatinine in the absence of other pathology, including infection, urinary tract obstruction, allograft artery stenosis or cyclosporine A toxicity) and confirmed by biopsies, evaluated according to Banff criteria (10). Informed parental consent was obtained for genetic analysis.

**Table 1.** The etiology of chronic renal failure

Primary disease	Patients	%
Chronic pyelonephritis and Reflux nephropathy	26	49
Chronic glomerulonephritis	13	24
Focal segmental lomerulosclerosis	9	17
Chronic tubulointerstitial nephritis	2	4
Congenital malphormation	1	2
Amyloidosis	1	2
Congenital nephrotic syndrome	1	2

### DNA extraction and IL-6 Genotyping

Genomic DNA was prepared from whole blood using Qiagen mini Blood DNA purification kits (QIAGEN, Ontario Canada) according to manufacturer's.

Polimeraz chain reaction (PCR) was used to determine -174 C/G polymorphism on the promoter region of IL-6 gene. For this aim; forward primer (F)- 5'-TGACTTCAGCTTTACTCTTGT- 5 pmol/μl, revers primer (R) -5' CTGATTGGAACCCTTATTAAG 5 pmol/μl (MWG,Germany), 200 μM concentration of mixture of dinucleotide trifosfate (dNTP) (dATP;dCTP;dGTP;dTTP) (Sigma), 0.5 U AmpliTaq Gold DNA Polimeraz (Applied Biosystems), 1× PCR buffer from, Gene Amp 10× PCR buffer of the same enzyme, 2 mM concentration of MgCl<sub>2</sub> from 25 mM MgCl<sub>2</sub> which has been prepared for the same enzyme and to complete the total volum to 25μL, deionized water were used. After 23 μl of this mixture was filled a tube, 2 μl DNA of patient was added on.

PCR procedures were performed by GeneAmp 9700 ThermalCycler (PE Applied Biosystems; Foster City; USA). For IL-6 gene, thermal cycling was as follows: 1 cycle of 95o C for 5 min, followed by 32 cycles of 95oC for 30 seconds, 55oC for 30 seconds and 72 oC for 90 seconds, and a final extention at 72 oC for 7 min. 5 μl of PCR product, that was 198 bp, were mixed 1 μl loading buffer and were controlled on a 2% agarose gel by

comparing 100-bp DNA marker 5 μl of positive PCR product was digested with SfaNI restriction enzyme (New England, Biolabs; UK) at 37 oC overnight.

The identified genotypes were named according to the presence or absence of the enzyme restriction sites, so SfaNI (G/G) (G/C) and (C/C) are homozygotes for the presence of the site (140/58bp), heterozygote for the presence and absence of the site (1498/140/58bp), and homozygote for the absence of the site (198bp), respectively.

### Statistical analysis

Genotype frequencies were measured for IL-6 -174 G/C promoter polymorphism; and the occurrence of biopsy proven acute rejection episodes was investigated. We looked for the associations of IL-6 promoter polymorphism with acute rejection episodes and early acute rejection episod (within the first 3 months). Associates were assessed using 2x2 and 2x3 contingency analysis tables and the x<sup>2</sup> test with Fisher's exact tests where appropriate. Odds ratio (OR) and the OR 95% confidence interval (CI) were also calculated for significant associations.

### RESULTS

In this study group we studied IL-6 -174 promoter polymorphism in transplant recipients and found C allele frequency 0,26 and G allele frequency 0,74. Overall patients developed acute rejections and number of acute rejection episodes showed no association with IL-6 -174 promoter genotypes GG,GC,CC and -174 C allele carriers (GC/CC) (Table 1). Fourteen patients developed acute rejection episodes. First episode of acute rejection after transplantation were diagnosed in 11 (78%) of patients within the first 3 months, in one (7%) patient between 3-6 months and in two (14%) patients later than 6 months. Genotype frequencies were shown in Table 3, while the significant association between -174 C allele carriers and early acute rejection episodes, within the first 3 months following kidney transplantation (Tables 2,3). Early acute rejection was found significantly frequent in -174 C allele carriers, compared to non-carriers (33.3% vs 10.3% p<0.05). Carrying IL-6 -174 C allele, increases the relative risk of early acute rejection (<3 months) 4.3 times (Odd's ratio 4.33; 95 Confidence Interval 1.001-18.767).

**Table 2.** The association between acute rejection and IL-6 polymorphism

	GG	GC/CC	GC	CC	p
Acute rejection (+)	5/29	9/24	7/20	2/4	
Acute rejection (-)	24/29	15/24	13/20	2/4	NS
Number of AR <2	26/29	5/24	4/20	1/4	
≥2	3/29	19/24	16/20	3/4	NS
Early AR 0-3months	3/29	8/24	7/20	1/4	
> 3 months	26/29*	16/24*	13/20	3/4	P<0.05*

AR: Acute rejection

**Table 3.** Genotype frequencies (n:53) and associations with early acute rejection (0-3 months)

Genotype	Frequencies(n:53)		Early acute rejections (0-3 months)			
	Total	%	negative	%	positive	%
CC	4	7.5	3	75.0	1	25.0
GC	20	37.7	13	65.0	7	35.0
GC/CC	24	45.2	16	66.7	8	33.3*
GG	29	54.7	26	89.7	3	10.3*

\* Fisher's exact test  $p < 0.05$ ; Odd's ratio 4.33, 95% CI (1.001-18.767)

## DISCUSSION

It has been reported that many cytokines and chemokines took part both in acute and chronic rejection in clinical and experimental studies. It is widely accepted that among cytokines and chemokines, especially IL-6, which is the main mediator of the acute phase reaction, has an important role allograft rejection. Increased IL-6 expression during renal allograft rejection has been shown by in situ hybridization (11,12,13), immunohistochemistry (14,15).

The influence of cytokine gene polymorphism in kidney transplantation has been investigated by a few study groups. Unfortunately little consensus has been achieved between different studies. In kidney transplantation a study suggested no association between acute rejection and recipients polymorphism, including IL-6 -174 promoter polymorphism (7). However the same group claimed the -

174 CC genotype of the kidney donors was identified as a major risk factor for the occurrence of acute rejection episodes (8).

Several published studies reported no association between acute rejection and recipients IL-6 -174 promoter polymorphism (7,12,14). These authors looked for an association with total acute rejection episodes detected during graft survival (16,17) or only in first 30 days (7). Recent two studies reported definite association between -174 C allele carriers and inferior graft survival in three years follow-up (18,9). However, no data exists regarding early acute rejection, longer than first 30 days.

This study reports, to our knowledge, for the first time a significant association of IL-6 -174 promoter polymorphism with early acute rejections detected within the first three months of transplantation. Carriers of -174 C allele were identified as having an association with ( $p < 0.05$ ) and higher risk of (Odd's ratio 4.33) early acute rejection in the first three months. One possible explanation could be that the higher dosage of immunosuppressive drugs might disguise the impact of the IL-6 -174 genotype in the first 30 days of transplantation. However, we believe additional studies will be required to understand more clearly.

In conclusion, we report a significant association of the IL-6 -174 C promoter polymorphism with early acute rejection within the first three months. Our results imply a higher risk of early acute rejection in carriers of -174 C allele versus non-carriers.

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